

Trempealeau County Community Television



Schedule for Week of May 13th - May 19th, 2019

*The content of this schedule may change at times in order to accommodate time sensitive issues that affect our viewers.
We thank you for your understanding in this matter.*

MONDAY May 13th

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. The County Beat.
- 7:30 a.m. Jessercise
- 8:00 a.m. A Culinary Journey.
- 8:30 a.m. Eat Well, Be Happy
- 9:00 a.m. Swing Into Shape. Level 1
- 9:30 a.m. Painting Journeys.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 a.m. Musicians in Our Midst.
- 11:30 a.m. Midwest Country Theater Showcase.
- 12:30 p.m. Baby Blue Arts.
- 1:00 p.m. Sunday Worship.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Sunday Worship.
- 3:30 p.m. Independence Water & Sewer Meeting.
- 4:30 p.m. Once upon a Time.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Nautilus.
- 6:00 p.m. Old Time Music Show.
- 6:30 p.m. Inga Witscher at Blair Lutheran Church.
- 7:30 p.m. Know the Risks: Youth Guide to E-Cigarettes.
- 8:30 p.m. Ron Kind Listening Session.

TUESDAY May 14th

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. Jessercise.
- 7:30 a.m. Yoga for Health and Joy.
- 8:00 a.m. Sunday Worship.
- 9:00 a.m. Swing into Shape. Level 1
- 9:30 a.m. Farmer's Corner.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 p.m. The 3rd District.
- 11:30 a.m. Environment & Land Use Committee Meeting.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Yoga for Health and Joy.
- 3:00 p.m. Eat Well, Be Happy.
- 3:30 p.m. The Art of Being Human.
- 4:00 p.m. Paint with Kevin.

4:30 p.m. Once Upon a Time.
5:00 p.m. The Children's Corner.
5:30 p.m. Cooking and Kids.
6:00 p.m. Old Time Music Show
6:30 p.m. Musicians in our Midst.
7:00 p.m. Chico & The B-Man Show.
7:30 p.m. Backyard Wellness.
8:00 p.m. Gale Music Series: Piano & Flute Recital.
9:30 p.m. Independence City Council Meeting.

WEDNESDAY May 15th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. Sunday Worship. Our Saviour's Lutheran.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Backyard Wellness.
10:00 a.m. Speaking of Horses.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Know the Risks: Youth Guide to E-Cigarettes.
12:00 p.m. The Art of Being Human.
12:30 p.m. Valley Bible. Matthew 1
1:30 p.m. Pollinator Habitats with Steve Okonek
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Independence City Council Meeting.
4:30 p.m. Once Upon a Time.
5:00 p.m. The Children's Corner.
5:30 p.m. The County Beat.
6:00 p.m. Old Time Music Show.
6:30 p.m. Movie Sandwich.
7:00 p.m. Reaching Out.
8:00 p.m. TCCTV's Game of the Week

THURSDAY May 16th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise.
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Farmer's Corner.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Know the Risks: Youth Guide to E-Cigarettes.
12:00 p.m. The Art of Being Human.
12:30 p.m. Reaching Out.
1:30 p.m. Chico & The B-Man Show.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Eat well, Be happy.

3:30 p.m. Movie Sandwich.
4:00 p.m. Sleep in Heavenly Peace.
4:30 p.m. Drawing with Mark.
5:00 p.m. The Children's Corner.
5:30 p.m. Sidewalks Entertainment.
6:00 p.m. Old Time Music Show.
6:30 p.m. Musicians in Our Midst.
7:00 p.m. Environment & Land Use Committee Meeting.
9:00 p.m. Independence City Council Meeting.

FRIDAY May 17th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. A Culinary Journey.
8:30 a.m. Eat Well, Be Happy.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Reaching Out.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Movie Sandwich.
11:30 a.m. Future Talk.
12:00 p.m. Midwest Country Theater Showcase.
1:00 p.m. Baby Blue Arts.
1:30 p.m. Musicians in Our Midst.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Know the Risks: Youth Guide to E-Cigarettes.
4:00 p.m. Pollinator Habitats with Steve Okonek
4:30 p.m. Nautilus.
5:00 p.m. The Children's Corner.
5:30 p.m. The Art Show.
6:00 p.m. Old Time Music Show.
6:30 p.m. Together We Can.
7:00 p.m. Valley Bible. Matthew 1
8:00 p.m. Cinemaniacs.
9:00 p.m. Red Corvette: A Boat-Angel Film.

SATURDAY May 18th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Valley Bible.
9:00 a.m. Together We Can.
9:30 a.m. The County Beat
10:00 a.m. Once Upon a Time.
10:30 a.m. The Children's Corner.
11:00 a.m. Drawing with Mark.
11:30 a.m. Arnold House Fashion Show.
12:30 p.m. Cinemaniacs.

1:30 p.m. Classic Cinema Theater.
3:30 p.m. The Folklorist.
4:00 p.m. Rock Scissor Paper.
5:00 p.m. Sunday Worship.
6:00 p.m. Sunday Worship.
7:00 p.m. Midwest Country Music Theater Showcase.
8:00 p.m. TCCTV Game of the Week.
10:00 p.m. Creature Features.

SUNDAY May 19th

6:30 a.m. Jazz Cardio Strength Stretch
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship.
9:00 a.m. Sunday Worship.
10:00 a.m. TCCTV Game of the Week.
12:30 p.m. The Folklorist.
1:00 p.m. Midwest Country Music Theater Showcase.
2:00 p.m. Old Time Music Show.
2:30 p.m. Gale Music Series: Piano & Flute Recital.
4:00 p.m. Farmer's Corner.
5:00 p.m. Backyard Wellness.
5:30 p.m. Rock Scissor Paper.
6:30 p.m. The County Beat.
7:00 p.m. Discover Trempealeau County.
8:00 p.m. Arnold House Fashion Show.
9:00 p.m. Know the Risks: Youth Guide to E-Cigarettes.