

Trempealeau County Community Television



Schedule for Week of May 20th - May 26th, 2019

*The content of this schedule may change at times in order to accommodate time sensitive issues that affect our viewers.
We thank you for your understanding in this matter.*

MONDAY May 20th

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. The County Beat.
- 7:30 a.m. Jessercise
- 8:00 a.m. A Culinary Journey.
- 8:30 a.m. Eat Well, Be Happy
- 9:00 a.m. Swing Into Shape. Level 1
- 9:30 a.m. Painting Journeys.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 a.m. Musicians in Our Midst.
- 11:30 a.m. Midwest Country Theater Showcase.
- 12:30 p.m. Baby Blue Arts.
- 1:00 p.m. Sunday Worship.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Sunday Worship.
- 3:30 p.m. Independence City Council Meeting
- 4:30 p.m. Drawing with Mark.
- 5:00 p.m. The Children's Corner.
- 5:30 p.m. Cooking and Kids.
- 6:00 p.m. Old Time Music Show.
- 6:30 p.m. Together We Can.
- 7:00 p.m. County Board of Supervisors Meeting - LIVE

TUESDAY May 21st

- 6:30 a.m. Jazz Cardio Strength Stretch.
- 7:00 a.m. Jessercise.
- 7:30 a.m. Yoga for Health and Joy.
- 8:00 a.m. Sunday Worship.
- 9:00 a.m. Swing into Shape. Level 1
- 9:30 a.m. Farmer's Corner.
- 10:30 a.m. Swing Into Shape. Level 2
- 11:00 p.m. Eat Well, Be Happy.
- 11:30 a.m. Together We Can.
- 12:00 p.m. Environment & Land Use Committee Meeting.
- 2:00 p.m. Swing Into Shape. Level 3
- 2:30 p.m. Yoga for Health and Joy.
- 3:00 p.m. The Arnold House Fashion Show 2019.
- 3:30 p.m. Principles of Grazing Production.
- 4:00 p.m. Together We Can.
- 4:30 p.m. Once Upon a Time.

5:00 p.m. The Children's Corner.
5:30 p.m. The Chico & The B-man Show.
6:00 p.m. Old Time Music Show
6:30 p.m. Musicians in our Midst.
7:00 p.m. The Art of Being Human.
7:30 p.m. Backyard Wellness.
8:00 p.m. Trempealeau Village Board Meeting.

WEDNESDAY May 22nd

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. Sunday Worship. Our Saviour's Lutheran.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Backyard Wellness.
10:00 a.m. Speaking of Horses.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Independence City Council Meeting
12:00 p.m. The Chico & The B-man Show.
12:30 p.m. Valley Bible. Matthew 1
1:30 p.m. The Art of Being Human.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Know the Risks: The Dangers of E-Cigarettes.
4:00 p.m. Paint with Kevin.
4:30 p.m. Once Upon a Time.
5:00 p.m. The Children's Corner.
5:30 p.m. The County Beat.
6:00 p.m. Old Time Music Show.
6:30 p.m. Future Talk.
7:00 p.m. Reaching Out.
8:00 p.m. TCCTV's Game of the Week

THURSDAY May 23rd

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise.
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Farmer's Corner.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. Know the Risks: The Dangers of E-Cigarettes.
12:00 p.m. The Art of Being Human.
12:30 p.m. Reaching Out.
1:30 p.m. Future Talk
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Trempealeau Village Board Meeting.
4:30 p.m. Once Upon a Time.

5:00 p.m. The Children's Corner.
5:30 p.m. Cooking and Kids.
6:00 p.m. Old Time Music Show.
6:30 p.m. Musicians in Our Midst.
7:00 p.m. Sidewalks Entertainment.
7:30 p.m. Movie Sandwich.
8:00 p.m. Environment & Land Use Committee Meeting.

FRIDAY May 24th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. The County Beat.
7:30 a.m. Jessercise.
8:00 a.m. A Culinary Journey.
8:30 a.m. Eat Well, Be Happy.
9:00 a.m. Swing Into Shape. Level 1
9:30 a.m. Reaching Out.
10:30 a.m. Swing Into Shape. Level 2
11:00 a.m. The Arnold House Fashion Show 2019.
11:30 a.m. The Art of Being Human..
12:00 p.m. Midwest Country Theater Showcase.
1:00 p.m. Baby Blue Arts.
1:30 p.m. Musicians in Our Midst.
2:00 p.m. Swing Into Shape. Level 3
2:30 p.m. Yoga for Health and Joy.
3:00 p.m. Principles of Grazing Production.
4:00 p.m. A Guide to Fly Fishing.
5:00 p.m. The Children's Corner.
5:30 p.m. History Files.
6:00 p.m. Old Time Music Show.
6:30 p.m. Trempealeau County Outdoors.
7:00 p.m. Valley Bible. Matthew 1
8:00 p.m. Independence City Council.
9:00 p.m. Classic Cinema Theater.

SATURDAY May 25th

6:30 a.m. Jazz Cardio Strength Stretch.
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Valley Bible.
9:00 a.m. Together We Can.
9:30 a.m. The County Beat
10:00 a.m. Once Upon a Time.
10:30 a.m. The Children's Corner.
11:00 a.m. Drawing with Mark.
11:30 a.m. A Guide to Fly Fishing.
12:30 p.m. Trempealeau County Outdoors.
1:00 p.m. Movie Sandwich.
1:30 p.m. Classic Cinema Theater.
3:30 p.m. The Arnold House Fashion Show 2019.

4:00 p.m. Rock Scissor Paper.
5:00 p.m. Sunday Worship.
6:00 p.m. Sunday Worship.
7:00 p.m. Midwest Country Music Theater Showcase.
8:00 p.m. TCCTV Game of the Week.
10:00 p.m. Creature Features.

SUNDAY May 26th

6:30 a.m. Jazz Cardio Strength Stretch
7:00 a.m. Jessercise
7:30 a.m. Yoga for Health and Joy.
8:00 a.m. Sunday Worship.
9:00 a.m. Sunday Worship.
10:00 a.m. TCCTV Game of the Week.
12:30 p.m. The Garage.
1:00 p.m. Midwest Country Music Theater Showcase.
2:00 p.m. Old Time Music Show.
2:30 p.m. Chico & The B-man Show.
3:00 p.m. Baby Blue Arts.
3:30 p.m. Future Talk.
4:00 p.m. Farmer's Corner.
5:00 p.m. Backyard Wellness.
5:30 p.m. Rock Scissor Paper.
6:30 p.m. The County Beat.
7:00 p.m. Discover Trempealeau County.
8:00 p.m. Trempealeau County Outdoors.
8:30 p.m. Red Corvette: A Boat Angel Film.